



THE CONFEDERATE SOCIETY OF AMERICA

www.deovindice.org

The Confederate Sentry



~ Did Hitler want war? – a media comparison explained ~

There are unpopular histories according to the American media. There are stories that are unquestionable – according to the American media. There are things that are deemed taboo and should never be looked at too closely – according to the American media. So, why look at Hitler in WWII now at this time, will be your question right about now.

For anyone who follows **Pat Buchanan** they will realise that this man has an amazing understanding of history and the ramifications of historical events. He has written this article to try and help people understand that things are not always what the American media says they are. After reading this article you might want to compare the media's take on Hitler and his part in WWII to the media's take on the so called Civil War here in America. Will you notice similarities? Will you see the demonization of one side? Will you see a similar racist smear campaign from the media concerning these two wars? You probably know of the historical inaccuracies the media has promoted against the South and maybe now will see some similarities with the media's reporting on WWII? After reading this article you can fact check Pat Buchanan till your head rolls off your neck and you will find him perfectly accurate in all historical statements presented here in this article. This article is to help us understand that history is really not exactly what it truly is as presented to us by the American media. That the winners usually rewrite history to make themselves look better in the eyes of the world.

No one here is promoting Hitler or thanking him for anything. This article does not touch on the holocaust so don't bother trying to insert that event in this article. This article is just what it is. A true historical take on the real events that started WWII and why it did not end at an earlier time.

This article is posted on the Sentry to hopefully give you some understanding that there is a historical target that the media focuses on to this day.



Did Hitler want war?

Pat Buchanan rebuts 'we'd all be speaking German now' argument of Allies' supporters

Posted: September 01, 2009
1:00 am Eastern

By Patrick J. Buchanan

On Sept. 1, 1939, 70 years ago, the German Army crossed the Polish frontier. On Sept. 3, Britain declared war.

Six years later, 50 million Christians and Jews had perished. Britain was broken and bankrupt, Germany a smoldering ruin. Europe had served as the site of the most murderous combat known to man, and civilians had suffered worse horrors than the soldiers.

By May 1945, Red Army hordes occupied all the great capitals of Central Europe: Vienna, Prague, Budapest, Berlin. A hundred million Christians were under the heel of the most barbarous tyranny in history: the Bolshevik regime of the greatest terrorist of them all, Josef Stalin.

What cause could justify such sacrifices?

The German-Polish war had come out of a quarrel over a town the size of Ocean City, Md., in summer. Danzig, 95 percent German, had been severed from Germany at Versailles in violation of Woodrow Wilson's principle of self-determination. Even British leaders thought Danzig should be returned.

Why did Warsaw not negotiate with Berlin, which was hinting at an offer of compensatory territory in Slovakia? Because the Poles had a war guarantee from Britain that, should Germany attack, Britain and her empire would come to Poland's rescue.

But why would Britain hand an unsolicited war guarantee to a junta of Polish colonels, giving them the power to drag Britain into a second war with the most powerful nation in Europe?

Was Danzig worth a war? Unlike the 7 million Hong Kongese whom the British surrendered to Beijing, who didn't want to go, the Danzigers were clamoring to return to Germany.

Comes the response: The war guarantee was not about Danzig, or even about Poland. It was about the moral and strategic imperative "to stop Hitler" after he showed, by tearing up the Munich pact and Czechoslovakia with it, that he was out to conquer the world. And this Nazi beast could not be allowed to do that.

If true, a fair point. Americans, after all, were prepared to use atom bombs to keep the Red Army from the Channel. But where is the evidence that Adolf Hitler, whose victims as of March 1939 were a fraction of Gen. Pinochet's, or Fidel Castro's, was out to conquer the world?

After Munich in 1938, Czechoslovakia did indeed crumble and come apart. Yet consider what became of its parts.

The Sudeten Germans were returned to German rule, as they wished. Poland had annexed the tiny disputed region of Teschen, where thousands of Poles lived. Hungary's ancestral lands in the south of Slovakia had been returned to her. The Slovaks had their full independence guaranteed by Germany. As for the Czechs, they came to Berlin for the same deal as the Slovaks, but Hitler insisted they accept a protectorate.



Now one may despise what was done, but how did this partition of Czechoslovakia manifest a Hitlerian drive for world conquest?

Comes the reply: If Britain had not given the war guarantee and gone to war, after Czechoslovakia would have come Poland's turn, then Russia's, then France's, then Britain's, then the United States.

We would all be speaking German now.

But if Hitler was out to conquer the world – Britain, Africa, the Middle East, the United States, Canada, South America, India, Asia, Australia – why did he spend three years building that hugely expensive Siegfried Line to protect Germany from France? Why did he start the war with no surface fleet, no troop transports and only 29 oceangoing submarines? How do you conquer the world with a navy that can't get out of the Baltic Sea?

(Column continues below)

If Hitler wanted the world, why did he not build strategic bombers, instead of two-engine Dorniers and Heinkels that could not even reach Britain from Germany?

Why did he let the British army go at Dunkirk?

Why did he offer the British peace, twice, after Poland fell, and again after France fell?

Why, when Paris fell, did Hitler not demand the French fleet, as the Allies demanded and got the Kaiser's fleet? Why did he not demand bases in French-controlled Syria to attack Suez? Why did he beg Benito Mussolini not to attack Greece?

Because Hitler wanted to end the war in 1940, almost two years before the trains began to roll to the camps.

Hitler had never wanted war with Poland, but an alliance with Poland such as he had with Francisco Franco's Spain, Mussolini's Italy, Miklos Horthy's Hungary and Father Jozef Tiso's Slovakia.

Indeed, why would he want war when, by 1939, he was surrounded by allied, friendly or neutral neighbors, save France? And he had written off Alsace, because reconquering Alsace meant war with France, and that meant war with Britain, whose empire he admired and whom he had always sought as an ally.

As of March 1939, Hitler did not even have a border with Russia. How then could he invade Russia?

Winston Churchill was right when he called it "The Unnecessary War" – the war that may yet prove the mortal blow to our civilization.

John 8: 32:

~ And ye shall know the truth and the truth shall make you free ~



~ *Oh that Washington March and all those nasty racists* ~

by Al Benson Jr.
20 Sept 2009

Well, the March on Washington that took place on September 12th has now come and gone. The prostitute press, as usual, sought to play it down and cut the actual numbers as much as they felt they could get away with in their "news" reports. This is their standard tactic with any event sponsored by anyone to the right of Ho Chi Minh. The *Washington Post* had to admit there were "tens of thousands" who marched and protested. However most of the leftist media tried to confine the figure to around 60-70,000. The photos I saw indicated many, many more than 60,000 people. I've been in marches where there were 100,000 people and there were a lot more in this protest on September 12th than that. How about trying the figure of a million on for size? That comes much closer than the leftists' 60,000. Of course the *Post* didn't bother to give their headline about the protest any big type. So what else is new? Anyone in our age who still expects objectivity from the media also probably still believes in the Easter Bunny.

The day after the protests there was a much smaller gathering, the 24th annual Black Family Reunion, but, smaller or not, it got bigger headlines than the previous day's protest. And naturally, some of those attending this event, which was thrown by a liberal lobbying group that is against black conservatives in government, denounced the protest as "racist." One lady, in her vaunted wisdom, said "Let's call it what it was--it's just a disguise for right-wing racists." Another lady noted that she thought that criticism of Obama was motivated by race. She said "A lot of people are protesting and they don't even know what they are protesting." I'm sorry, lady, but that's pure hogwash, and if you don't know it then you shouldn't be commenting. If you do know it that means that you are more than an honest commentator and are probably a propagandist.

If continue to find it interesting that for the folks who rant and rave about "racism," everything that happens in life for them revolves around the question of race. They are ethnocentric in the extreme, and if you don't happen to agree with them or their socialist agenda then you are automatically a racist. I wonder if anyone has ever thought to ask the question as to whether the folks that are always howling about "racism" might not be the actual racists? These people play the "race card" with such startling regularity that you can



almost set your alarm clocks by them. If you didn't vote for Obama you a racist; if you don't like his policies you are racist; if you fail to endorse his Marxist agenda you are racist; if when you go to the appliance store you buy a white refrigerator instead of a black one you are a racist! And on and on this tired and tiring litany continues.

I'm sorry, but the folks at the Washington protest on September 12th knew very well what they were protesting and that old hackneyed saw of "racism" wasn't part of it. They were and are tired of a federal government that is clearly out of control. Of course it was out of control when the Republicans were in office too. And they are fed up with a president that, no matter how much they protest about his socialist health care plan, totally ignores their feelings and proceeds to try to enact it anyway, all the while pretending their protests don't even exist. They are fed up with a president that leaves no paper trail to show you anything about his past--no real birth certificate, no college records, nothing that anyone can get their teeth into to find out what he is really all about--and he has spent a ton of money to keep it that way. At this point, I can echo the war cry of World Net Daily--"Where's the birth certificate?"

The Obama File on the Internet reveals that this man was basically raised in a Marxist environment, that many of his early associates were Marxists (and present ones still are). Look at the people he has appointed for cabinet positions and for positions as "czars" in his administration. You will hardly find anyone to the right of "Uncle Joe" Stalin. That's what those protesters were protesting about and "racism" had nothing to do with it. They would have done the same thing had a white man pursued such an openly Marxist program.

Throwing out the old "racism" charge (incidentally, the term 'racist' has been one the Marxists have employed for decades) is just one more indication of a Marxist tactic used to de-fang their opposition. It's the old "guilt by association" game. Anyone that won't openly endorse Marxism is a "racist."

However, the Washington protesters are beginning to recognize socialists and Marxists in government when they see them--not all but some--and it doesn't matter what color they happen to be. That's what's really bothering our current crop of Washington Marxists and so they are seeking to exercise damage control by painting 80% of the population as "racist." However, praise God, this time it isn't working quite as well as they hoped for. Psalm 72: 4b notes that God "...shall break in pieces the oppressor." And Psalm 72:8 states that "He (the Lord) shall have dominion also from sea to sea, and from the river to the ends of the earth."

That's what really bothers these Marxists in government. They want the dominion for themselves--total control over the lives of all their subjects--even down to what you can do at a garage sale! But, even if they manage to gain a measure of that, they will not keep it. The Lord will wrest it from them when, in judgment, He tires of their little political games--and they will be able to do nothing about it.

In the meantime, protesting and exposing them for what they are does no harm--even if they label you a "racist" for doing it.



~ The President of the Confederate Society of America - Craig Maus ~

Dear Patriots,

What would you give if y'all could go back in time and visit with our Confederate Brethren, ***before 1860 & after 1865?***

What if you could experience a time unlike any other only to see it evaporate before your very eyes and buried in time as though it never existed? And sadly, with each passing year, having to see more & more of those who you shared that time & place with, pass into God's grace.... until but a few remained who knew the real story & truth of those times that ***others have since withheld & distorted from you for reasons of self-gain?***

Could you possibly imagine the level of contempt that would naturally follow, accompanied with an anger & frustration beyond your ability to comprehend?

Well that is ***exactly*** what those Confederates of yesteryear had to live with after being stripped of not only their country, but their homes & land as well?

But that would not be the end of it, for with every passing day, every passing week & every passing year, the 'story' of that time & those events would be 'recast'

by those who visited their plague upon those Confederates, ultimately reducing them to a status of persona non grata & portraying them as not only the reason for their contemptuous actions, but admonishing themselves as innocents & noble men who rose to a level of uncontested morality ?

How might y'all react, especially when the country you once knew was gone & the home and land you worked was now theirs.....***and theirs forever more to enjoy?***

To the victor goes the spoils, with the victor ultimately becoming the 'story-teller'..... reducing that which once had life & identity into a mere shadow of its former selfuntil, eventually, time itself covers it like the sands above an ancient city.

What if, but for a brief moment in time you could experience the purity & simpleness of that time, but live to see the consequences realized from invasion & usurpation?

Could you identify with the virtual pain that would follow, year after year, as those responsible raised themselves to an imperial level built upon the very ashes of those they vanquished by overwhelming might & subsequent deceit? What would life be like under those circumstances?

Can you understand the absolute fury & pain they must have suffered & endured?

I have a compassion & share an identity for those Confederates of yesteryear because I can relate to them & their torment. In fact, I am one of them!

I have seen how the Federal Beast deals with people such as we, particularly when we **are in their way.** ***I have witnessed up close & personal their chicanerous & evil ways & believe me, when they want something, they will take it NO matter what!***

And usually, it always comes 'gift-wrapped' in a pretty box or bill marked: For The Public Good!

It could be **Anywhere, USA....but it is a real & true story....sadly.**

It's unfortunate that the clips are short, but they tell a story about a Valley, its People and the River they loved so dearly.



That Valley and her People, along with that wonderful river flowing through it reminds me very much of the South.

Good people, peaceful people, hardworking people.....God Fearing People.

They never bothered anyone and always minded their own business.

They left the door's open at night and the cars were never locked.

They hunted, fished and told many a wonderful story.

Then one day the Federals came.

And soon thereafter, they ***took the valley, the land, the homes and got rid of the people who lived there all their lives.***

They told the people they were going to build a dam.....***to protect them*** from the river they lived on.

They took everything- 72,000 acres of the purest and richest bottom land y'all could imagine. (You good folks in Tennessee can relate to this)

They invaded the valley much like they invaded the South.

And, like many of their invasions before, it too was portrayed as- ***'for the good of the people.'*** This was back in 1965! (Funny, I just realized this- 1865.....1965.....)

Some 30 years later, 'that Dam' was officially "de-authorized" by the same Federal's who came 30 year's earlier.

The land was turned over to their National Park Service but 'certain' business's were 'allowed' to remain.

There is some talk now about how the government may 'appropriate' certain portions of 'that land', that was once our land, to certain people.....on the River of course.

My parents home and land was on that River! 'Those People' took it from us!

And the manner in which we were treated as human beings & people is far beyond the comprehension of most.

I had just gotten out of the Army back then and I 'still believed'---- y'all know what I mean. I wrote a letter to President Nixon back then thinking that the country I grew up in still stood for something. I got a letter back from a Major General in the Army Corps of Engineer's telling me in no uncertain terms ***"that I should be a good citizen and do whatever the government wants. I/We should move on! "***

Imagine that!

"We should move on....." , just like that!

Then it ALL dawned on me at ONCE, at the ripe old age of 25 back then- ***as long as I was good enough to serve and ask no questions, I was OK. But as soon as I raised a legitimate question, 'ALL' Bets were off.***

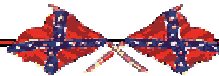
I 'grew up real fast' back then.

My family were Blue Collar folks.

Like you, they worked hard & never had a ill word for anyone.

Believed in self-accomplishment. You get outa life what you put into it.

Many years have passed since then and that Valley, much like the South, remains ***in a time that has stood still.*** Waiting for someone or some people to come along and makes things right once and for all. A lot of good folks are not with us anymore, but that doesn't make them any less important nor does it make what they stood for and believed in any less important, simply ***because 'someone' else say's it's so. In fact, I think they are more important now than ever before!***



I have been fighting these Government Terrorists for nearly 40 years.

I know what they represent and believe me, it's not us. They take care of themselves and the cronies within their special interest groups- you know, the ones who are always clamoring for more of our money, property and livelihoods because **'we did something to somebody' who has a Big Mouth representing them.**

There comes a time when y'all must take a stand.

The last time there was ANY real representation was prior to 1865.

The Federal Tyrant treats us like we are a necessary evil.

They go through the motions & machinations of representation but only respond to the needs & whims of the special interests and the lobbyists they associate with in Washington.

Hell, the rest of us are too busy paying more and more taxes in order to support them **ALL!**

My God, look at the way most of them patronize us at the Town Hall meetings.

They are condescending & overbearing and despite the obvious wishes of the people, they pretend we are in the MINORITY.

We're Nazi's & yahoo's now **& just like that Major General told me long ago, we're in the way- MOVE ON!**

But we're NOT Nazi's & yahoo's when they need someone to fight one of their Wars, are we? The band will play and they will sing 'Cum By Ya' until we have served their purpose.....then we are reduced to expendability once more. But now, we are asking too many questions, and despite leaving loved ones buried in Battlefields across this planet, these SOB's call us Nazi's! My word, the entire situation is so out of control.

We fought NOT a civil war many years ago, but a War in which we had to protect & defend our country from a Foreign Invader.

We were our OWN country and we saw then EXACTLY the same things that are occurring today & have occurred ever since 1865!

Only back then, the Federal child was an infant.

Today it is a full grown adult that has mutated into an incarnate Beast!

When The Christian South Lost, So To Did This Entire Nation- but Only WE Knew it at The Time!

Folk's, we are NOT alone this time around.

There are many good people throughout this country who feel exactly as we do.

Please watch the video- in many ways it looks like the Southland of over 150 years ago.

Remember, **ALL Roads Lead to 1865!**

For God, Family and The Confederacy,

Humbly,

Craig Maus,

president, The Confederate Society of America and Proud Member of The

Confederate Alliance of Independent Organizations

Staunch Supporters of Restored Confederate Government!

www.deovindice.org

God Save The Christian South, For So Goes The Christian South, So WILL Go This Nation!

PS- Please join us in the Society- we're always looking for Patriots!

Jack, the Confederate Survivalist.....



Alright, enough is enough folks, this swine flu joke has gone on long enough. It's a fake attempt to get you to take the vaccine. Follow? Also for those in the know, the gov't has passed a law that says you cannot sue them for any damaging reactions to this basically untested vaccine they are preparing for you. Read this article folks and act accordingly.

Another Shocking Warning About Swine Flu Vaccine

Posted by: [Dr. Mercola](#)

September 08 2009 | 111,688 views

The swine flu vaccine has been hit by new cancer fears after a German health expert gave a shocking warning about its safety.

Lung specialist Wolfgang Wodarg has said that there are many risks associated with the vaccine for the H1N1 virus. The nutrient solution for the vaccine consists of cancerous cells from animals, and some fear that the risk of cancer could be increased by injecting the cells.

The vaccine can also cause worse side effects than the actual swine flu virus.

Just last week I [reported](#) on the confidential correspondence between the British Health Protection Agency and 600

neurologists, warning them to be on the lookout for cases of Guillain- Barré Syndrome once the swine flu vaccine campaign begins.

I've published earlier articles about some of the [more dangerous ingredients in this vaccine](#), such as mercury, and [squalene](#), which has been linked to the development of autoimmune diseases like rheumatoid arthritis and lupus.

Now, German lung specialist Wolfgang Wodarg has come out about even more potential health risks associated with the swine flu vaccine. Interestingly, Dr. Wodarg also holds political office, as the chairman of the health committee in the German parliament and European Council.

According to Dr. Wodarg, the swine flu vaccine contains animal cancer cells, and there's no data indicating whether or not this may cause an allergic reaction when injected.

It also raises questions about the risk of contracting cancer.

He also told the German press that the widespread fear of the pandemic was an "orchestration," stating,

"It is great business for the pharmaceutical industry. Swine flu is not very different from normal flu. On the contrary, if you look at the number of cases it is nothing compared to a normal flu outbreak."



A recent [article by Dr. Blaylock](#) also highlights the many reasons why the vaccine may be far more dangerous than the virus. If you have interest in this issue I would strongly encourage you to read [Dr. Blaylock's article](#).

He states that the Baxter swine flu vaccine, called Celvapan, uses cultured cells from the African green monkey, which has previously been implicated as having transmitted a number of vaccine-contaminating viruses, including the HIV virus.

Likewise, Johannes Löwer, president of the [Paul Ehrlich Institute](#), believes the side effects of the vaccine can be far worse than the actual swine flu virus, which typically causes only mild symptoms, requiring just a few days in bed.

As you may already know, the Centers for Disease Control (CDC) consistently claim the seasonal flu kills about 36,000 Americans each year. After investigating that figure, it has been found to be [a gross exaggeration based on flawed data compilation](#), but still, the swine flu has claimed FAR fewer lives than the seasonal flu in any given year, and no draconian measures have ever been taken to curtail the seasonal flu.

Based on a rational view of the numbers involved, the widespread fear over the swine flu certainly appears completely unwarranted.

I'd also like to point out that even though the [World Health Organization's web site](#) claims that there has been at least 2,185 deaths

from the swine flu worldwide, stating that: "Given that countries are no longer required to test and report individual cases, the number of cases reported actually understates the real number of cases," the truth is likely quite different..

Why You Should Avoid Other Anti-Virals as Well - British researchers recently warned that the antiviral medication [Tamiflu is "inappropriate for healthy adults."](#)

"Recommending the use of antiviral drugs for the treatment of people presenting with [flu] symptoms is unlikely to be the most appropriate course of action," they concluded.

The [study](#), published in the Lancet Infectious Diseases, recommends that healthy people who get the swine flu should NOT be treated with antivirals like Tamiflu or Relenza, unless they suffer complications from the flu. Based on their findings, either drug will reduce your illness by about HALF A DAY.

For people with health conditions like diabetes or asthma, Relenza was able to cut sickness by just under one full day, and Tamiflu by three-quarters of a day, on average. Seriously... Are the potentially [serious side effects](#) really worth the risk, to gain maybe half a day? You'll STILL spend five or six days in bed, with or without the shot, as it does not necessarily PREVENT the flu, it just reduces the length of your illness by a few hours if you do get it!



CSA - Confederate Society of America

If you are a present member of the Confederate Society of America, please remember to re-new your membership. If you are a non-member reading this newsletter, please consider becoming a member of the Confederate Society of America. The membership dues are the "Life-Line" of the Society.

The Confederate Society of America is in the forefront of the effort to restore the legitimate Government of the Confederate States of America. This is a true, legitimate, and real effort taking place in this present and important historical time in American History.

Please visit the Web Sites: The Confederate Society of America, www.deovindice.org and The Confederate States of America, www.CSAgov.Org

After visiting the CSAgov website, please consider becoming a "Registered Citizen," and contribute to the Historical Effort to Restore the Legitimate Government of the Confederate States of America.

Thank You & God Bless,
Scott A. Fox Sr.
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Fellow compatriots,

Compatriot Nick Bartlett asked me to help him sell his Troiani art. Nick is a member of the Dr. B. T. Person Camp in Fremont, NC. He wishes to sell the below listed TROIANI framed limited editions. If you are interested in dealing with him about one or all of them, please contact him. He can be reached at: e-mail address, jbsfan@aol.com or cell number, 919-920-2063.

Glenn

"The Emmitsburg Road" (The 7th and 52nd N.C. at Gettysburg)



"Jackson Is With You" (Jackson at Cedar Mountain)



Emblems Of Valor" (Painting battle honors on Battle Flag)





THE SOUTHERN

BELLE'S

CORNER



What Every Woman Should Know About Stress

Women and stress do not get along, but always seem to be together. It is crucial that women understand that stress has to be managed or it will take its toll. It is time to defeat stress once and for all.

Women have more pressure on them than ever before. A majority of married women with young children try to balance outside work and home responsibilities. This is not even considering the struggles that single mothers face since they are the sole provider of their families. Regardless of the demands of life, combating [stress](#) is possible. Women need to understand the root cases behind their stress, what it can do to their bodies, and how to defend themselves against the negative effects of stress

Common Causes Stress in Women

Aside from the fact that most women juggle between career and family life, there are other issues that women deal with more than men. Many women tend to want to please others and find it more difficult to say no to requests than most men do. Some women also have the tendency to feel guilty for taking time for themselves when they could be taking care of someone else. This self-sacrificing behavior is extremely common among women, and it takes a toll on the physical and emotional health of the female population.

Stress and a Woman's Body

Stress can affect a woman's body, and a man's body in similar ways. Chronic stress increases the risks for a number of conditions including backaches, [high blood pressure](#), sexual dysfunction, [ulcers](#) and [headaches](#). Other physical risks include skin disorders, infection, and [eating disorders](#).

Hormonal changes in a woman's body can increase a female's vulnerability to feelings of stress. This can vary with hormone levels throughout a monthly [menstrual cycle](#) and throughout the stages of life. Women may experience a heightened susceptibility to stress post-partum. This is especially true of nervous new mothers. Those undergoing [menopause](#) may experience changes in their stress levels as well.

Stress Management Tips for Women

There are a variety of ways to fight the effects of stress and protect your emotional and [mental health](#). The following tips can help you to reduce the overall amount of stress your body feels on a regular basis. These suggestions might also help during times of change or increased demand on your time.

Take time for yourself everyday. This can be 15 minutes to an hour or more.

Learn to say "no" sometimes. There is no need to feel guilty if you don't want to do something or if you just don't have time.

Manage your time well and eliminate unnecessary tasks.

Make social interaction a habit. Connecting with others is a great way to unwind.

Sleep on a regular schedule and don't be afraid to nap. Sometimes just being rested can make the day go smoother.

Don't procrastinate. The less time you waste, the more time you will have.

Stay organized. You can save yourself the trouble of searching for things, and reducing



clutter around you can help you feel more relaxed.
 Exercise regularly. You can reduce the risks of several stress related conditions simply by working out a couple times a week.

Take good care of your appearance. Looking good will help you feel good and boost your energy and confidence.

Overall, take care of yourself so that you can take better care of others. By following these tips, any woman can reduce the amount of stress they experience in life. Learn to relax, and preserve your [health](#). You deserve to be free from stress.

By [Chesley Maldonado](#)
 Published: 4/4/2009



Here is a book of interest for the younger women of the Confederate sort.....

Title: **Outrageous women of the Civil War Times**

Author: Mary Rodd Furbee

Contents: Louisa May Alcott, Amelia Bloomer, Susan B. Anthony, Sojourner Truth, Clara Barton, Dorothea Dix, Harriet Tubman, Belle Boyd, Pauline Cushman, Lorreta Velazquez, Mary Todd Lincoln, Varina Howell Davis

Summary: Biographies of some Outspoken and influential women of the North and South .



Well is it time for another favorite southern recipe from the Southern Belles corner? We all can benefit from a little more expertise in the kitchen. Look no further than *Terri's Kitchen* from our very own state of North Carolina.



UPTOWN COLLARDS

(Submitted by Pat Kersteter)

SERVES 8 to 10

Pat writes: *"This is the way I fixed my collards at Christmas time and they were delicious."*

INGREDIENTS

- 7 pounds fresh collards
- 1 medium onion, quartered
- 1 cup water
- 1 cup Chablis or other dry white wine
- 1 tablespoon sugar
- 1 tablespoon bacon drippings
- 1 small sweet red pepper, diced

Remove stems from greens. Wash leaves thoroughly and cut into 1-inch wide strips; set aside. Position knife blade in food processor bowl; add onion and process until smooth. Combine onion and next 4 ingredients in a large Dutch oven; bring to a boil. Add greens and red pepper. Cover and cook over medium heat 45 minutes to 1 hour, or until greens are tender, adding additional water if necessary.





Permission granted to all to share.



MEMBERSHIP APPLICATION

Annual rates:

\$10 Student level for 18 & under, receives the *Confederate Sentry* (CSA newsletter)

\$20 Soldier level, basic fee, receives the *Confederate Sentry*

\$50 Colonel level receives the *Confederate Sentry* & a subscription to the *Copperhead Chronicles*

\$100 General level receives the *Confederate Sentry*, subscription to the *Copperhead Chronicles*, & a booklet, "The Origin And Real Cause Of The War," by Robert L. Dabney, DD

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Send completed application and fee payable to:

THE CONFEDERATE SOCIETY OF AMERICA
P. O. Box 55, Sterlington, Louisiana, CSA 71280
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E-SENTRY

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*I love the Union and the Constitution, but I
would rather leave the Union with the
Constitution than remain in the Union
without it.*

~ Jefferson Davis



I tried in all my power to avert this war. I saw it coming, and for 12 years, I worked night and day to prevent it, but I could not. The North was mad and blind; it would not let us govern ourselves, and so the war came, and now it must go on till the last man of this generation falls in his tracks, and his children seize the musket and fight our battle, unless you acknowledge our right to self-government. We are not fighting for slavery. We are fighting for Independence, and that, or extermination, we will have ...

Slavery never was an essential element. It was the only means of bringing other conflicting elements to an earlier culmination. It fired the musket which was already capped and loaded. THERE ARE ESSENTIAL DIFFERENCES BETWEEN THE NORTH AND THE SOUTH THAT WILL, HOWEVER THIS WAR MAY END, MAKE THEM TWO NATIONS...

C.S.A President Jefferson Davis, July 1864

**For God, Family, and the Confederacy,
Craig Maus
President, The Confederate Society of
America**
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**Proud Member of The Confederate Alliance
Council Member, The Confederate
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